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Planning and implementing a successful return to work

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Going back to work

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- Who is our client?
- Finding employers
- What and where is the job?
- Who are the colleagues?
- Building confidence
- Sustaining employment



Interests

Strengths

Needs and preferences

**Getting to
know your
client**

Finding a good employer

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- What is the job?
- Who do they need?
- What do they expect?
- What support will they offer?
- Will it be a good match?



How many hours/when?

Can they do all of it – easily?

How will you support their existing skills?

Talk to your client about the job

Where is the job?

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Can they travel to work easily?

Will the journey be too expensive?

What will they need to wear at work?

Who are their colleagues?

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- Size of company
- Which department
- Colleagues and roles
- How they fit in to the team
- Who will support them



Practice work skills

Group for building self-esteem

Work experience

Training

**How to
build
confidence
before they
start**

Sustaining employment

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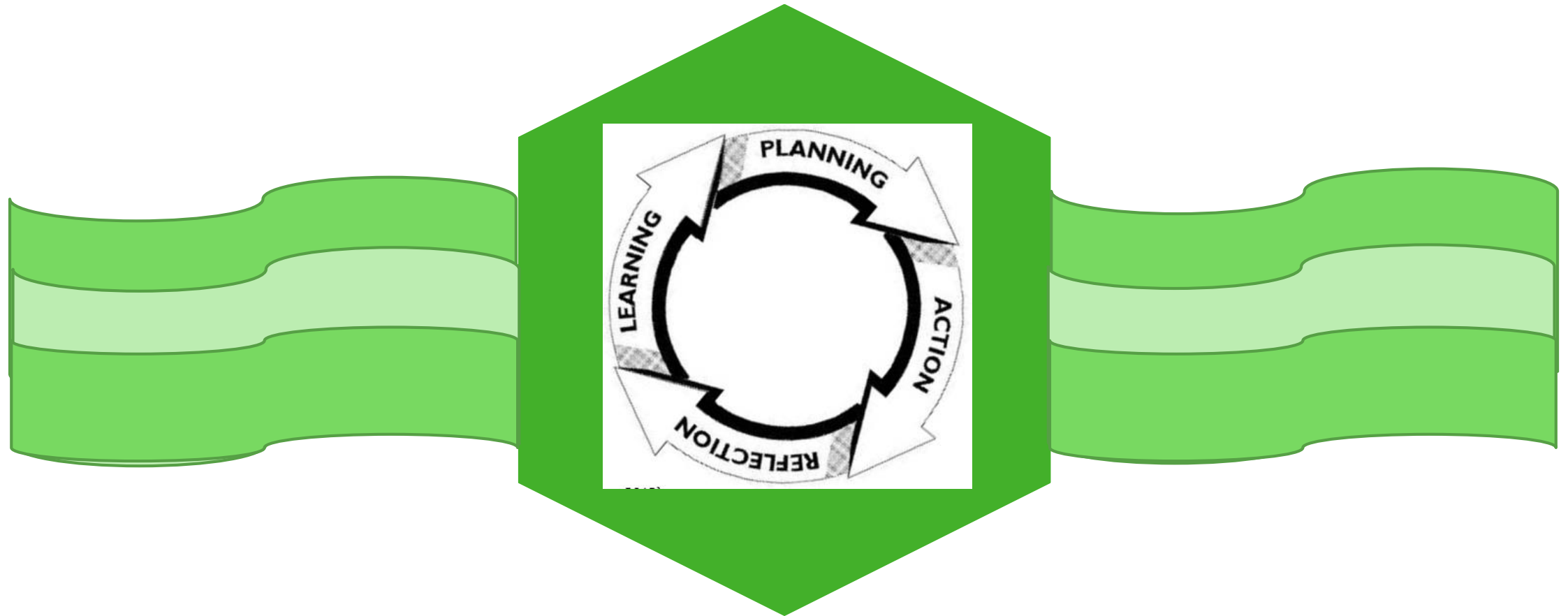


- ❑ Coping with the ups and downs
- ❑ Continue appointments to provide encouragement
- ❑ Check that in-work support is effective
- ❑ Remind that sometimes we all pretend we are more competent than we feel
- ❑ Ask if they are enjoying it



Plan to end support

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- *Who is our client?*
- *Finding employers*
- *What and where is the job?*
- *Who are the colleagues?*
- *Building confidence*
- Getting hired
- Sustaining employment



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For more information:



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